

Outdoor Centre - Ourthe River Descent



An ideal experience for outdoor enthusiasts, families and groups of friends seeking active relaxation, to enjoy during a stay in the Ardennes, to truly get away and return feeling lighter.



GO THERE

+32 84 44 41 12

VISIT THE WEBSITE

Monday : Closed

Tuesday : Closed

Wednesday : Closed

Thursday : Closed

Friday : Closed

Saturday : Closed

Sunday : Closed

Reviews

3.9/5 (81 Google reviews)

Information

Outdoor Centre – Ourthe River Descent, a promise of lasting escape along the Ardennes

Outdoor Centre – Ourthe River Descent offers far more than a simple sporting activity: it is a **complete immersion in the Ardennes**, a moment where everyday rhythms are left behind to reconnect with nature, water and one another. With more than **35 years of experience**, the team guides families, friends and groups through an accessible, authentic and deeply refreshing adventure.

Two options allow everyone to choose their pace. The **long descent**, starting from the **Nisramont dam to La Roche**, offers around **four hours** of navigation through preserved landscapes. For those who prefer a shorter version, the **Maboge to La Roche descent**, lasting about **1 hour 30 minutes**, retains the essence of the experience without requiring half a day.

An iconic descent between Nisramont and La Roche

The descent starting from the **Nisramont dam** is an experience in itself. From the first paddle strokes, the surroundings invite silence and attention. The Ourthe stretches out, winding gently between wooded hills. The **sound of the water**, ever-present, becomes the natural soundtrack of the day, accompanied by birdsong and the whisper of wind through the trees.

For several hours, time seems to slow down. You paddle at a relaxed pace, drift with the current and sometimes pause to observe, chat or simply float for a few moments. This long descent is ideal for those who enjoy **taking their time**, fully immersing themselves and experiencing the continuity of the Ardennes landscape.

A shorter option, just as refreshing

The descent **from Maboge to La Roche** is designed for visitors who wish to experience the activity without dedicating half a day to it. In **around one and a half hours**, it offers a beautiful summary of what makes the Ourthe so enjoyable: an accessible river, lush landscapes, a few livelier passages and plenty of moments suited to relaxation.

This option is often chosen by families or multi-generational groups, who find the perfect balance between **gentle activity** and **shared enjoyment**, without excessive effort.

An accessible adventure supported by experience

With its **35 years of experience**, Outdoor Centre knows how to make visitors feel at ease. The organisation is smooth, explanations are clear and support is discreet yet present. This expertise is felt throughout the experience: everyone can fully

enjoy the descent without stress, focusing only on the essentials.

Visitors often leave with the same feeling: that of a **moment of escape with family or friends**, where laughter, conversation and connection take centre stage, and where the **worries of everyday life fade away**. The activity allows people to be active without pressure, in a spirit of relaxed adventure where the body moves while the mind unwinds.

A sensory immersion in the heart of nature

On the water, sensations are simple yet powerful. The **sounds of nature** take over, the scents of woodland and fresh water accompany the journey, and the **colours of the Ardennes** unfold slowly: the deep green of the trees, the shifting reflections of the river and the light dancing across the surface of the water.

Each key moment leaves its mark: the departure, when excitement meets anticipation; the long peaceful stretches, perfect for contemplation; and the arrival in La Roche, with the satisfying feeling of having experienced something genuine, simple and shared.

An experience to reconnect

Outdoor Centre – Ourthe River Descent is designed for those who appreciate **nature, immersion in the Ardennes** and activities that benefit both body and mind. Here, there is no performance to achieve and no stopwatch: only the pleasure of gliding across the water, together.

Car park Coach park
10 parking spots Dogs admitted

Opening times

From 1/04 to 11/11: open every day from 9.00. For all trips, go to the Domaine 'Les Merlettes' at Val du Pierreux 2 in La Roche-en-Ardenne.

Price

• Kayaking: from Nisramont to La Roche: €40 per person. OR from Maboge to La Roche: €20 per person. • Rafting from Nisramont to La Roche (minimum 6 people): €40 per person. • Mountain bike hire: €50 for the day - €35 for half a day (from 9.00 to 13.00 or from 14.00 to 18.00)

Group

Price Discount 10% for min. 10 kayaks or mountain bikes

More information • The Outdoor Centre offers tailored recreational and sporting packages for groups, schools and businesses • Our team building programmes, family days and incentive breaks are highly reputed • To rent comfortable group accommodation and catering, please go to our website: www.outdoor-centre.be or call +32 84 44 4112.

Weather in La Roche-en-Ardenne

Nearby...

La Roche Feudal Castle

La Roche-en-Ardenne 1.65 Km 00:03





